

CONTACT DETAILS

GENERAL INFORMATION

Registration, Hotel Accommodation, Optional Tours

Leading Congress & Association Management

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EXHIBITION & SPONSORSHIP INFORMATION

Leading Congress & Association Management

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Information on-line

www.eornacongress.eu

www.eornacongress.eu

2nd Announcement



EUROPEAN OPERATING ROOM
NURSES ASSOCIATION

6th eorna congress



NE SAGRES – Marinha Portuguesa

SAILING TO THE FUTURE

LISBOA.PORTUGAL.2012

26 – 29 April, Lisboa Congress Centre

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WELCOME MESSAGE

On behalf of the Organizing Committee and EORNA it is a great pleasure to invite you to join us at the 6th Congress of the European Operating Room Nurses Association, to be held in Lisboa, Portugal on the 26 -29 April 2012.

The Organizing Committee is preparing a wonderful educational, networking and cultural experience for all.

The Scientific Committee is planning a diverse programme to provide a rich educational opportunity for all delegates. This will include oral and poster presentations. Workshops will also be a feature.

An international medical devices industry exhibition will be another key attraction for the delegates giving access to some of the most up to date technology and information in the field, from our colleagues in industry. The programme aims to include topical issues, research and new initiatives relative to the perioperative setting.

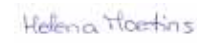
The enchanting city of Lisbon is waiting to welcome you to its famous shores. Located on the river Tagus and Built on 7 hills, it stretches down to its beautiful Atlantic beaches. This host city is steeped in culture and history. It offers something for everyone, boasting a fine port complimenting its maritime past. This gem of a city is rich in culture, architecture, art, museums, shopping and offers a vibrant nightlife. There are numerous restaurants to choose from offering both international and the renowned Portuguese cuisine to stimulate the taste buds.

This is a great opportunity to renew old acquaintances and meet new friends, share experience and information in the interests of expanding our knowledge and the enhancement of patient care.

So come and join us, get on board and together we will 'sail to the future' to discover new horizons.



Caroline Higgins
EORNA President



Helena Martins
Chair EORNACongress 2012



Merja Fordell
Chair Scientific Committee

COMMITTEES



ORGANIZING COMMITTEE

Chairperson: Helena Martins (*Portugal*)

Secretary: Manuel Valente (*Portugal*)

Treasurer: Mirella Lepore (*Italy*)

Members:

Caroline Higgins (*Ireland*)

Irini Antoniadou (*Sweden*)

Merja Fordell (*Finland*)

Maria Loureiro (*Belgium*)

Anette Pedersen (*Denmark*)

Olivier Willieme (*Belgium*)

SCIENTIFIC COMMITTEE

Chairperson: Merja Fordell (*Finland*)

Members:

Sanja Arnautovic (*Slovenia*)

Petra Ebbeke (*Germany*)

Yeal Edry (*Israel*)

Ahuva Friedman (*Israel*)

Asbjørg Giskemo (*Norway*)

Liz Waters (*Ireland*)

LOCAL ORGANIZING COMMITTEE

AESOP - Associação dos Enfermeiros de Sala de Operações Portugueses

CONGRESS VENUE

The 6th EORNACongress will take place at the Lisboa Congress Centre, located by the riverside in the historical neighbourhood of Belém, where some of the magnificent Portuguese World Heritage Monuments are to be found.

The congress centre can be easily reached from the city centre, by tram or bus.

Congress Centre website

www.lisboacc.pt

How to arrive at Lisboa Congress Centre

To arrive at the Congress Centre, you may take the bus (Nº 727 and Nº 56) or the tramway (Nº 15).

Please find below our suggestions how to reach the Lisboa Congress Centre (CCL) by public transport.

From the Airport:

• **By Taxi:** for more information see section Useful Travellers Information.

• **By Airport bus:** Contact the Airport Information Desk for information on the exact location of the AERO BUS stop outside the arrival hall.

Get off at the last stop of the AERO BUS - Estação do Cais do Sodré (Commuter Train Station). From here take the Bus or Tramway to the CCL

From the Hotels:

• **By Underground (Metro)**

Use the metro until the end station of the GREEN LINE – Estação do Cais do Sodré. When leaving the Metro station you will see the Bus / Tram stops. Take bus 732 (direction: CASELAS) or bus 714 (direction: OUTURELA) or Tram E15 (direction: ALGÉS)

Get out at stop: Rua da Junqueira/ Congress Centre located just behind the CCL (8 stops after Cais do Sodré).



Lisboa Congress Centre

PRELIMINARY SCIENTIFIC PROGRAMME

Thursday, 26 April		Friday, 27 April		Saturday, 28 April		Sunday, 29 April	
		09h00 10h30	Opening Ceremony	09h00 10h30	Parallel Sessions & Industry Session	09h00 10h30	Parallel Sessions & Industry Session
		10h30 11h00	Coffee Break	10h30 11h00	Coffee Break	10h30 11h00	Coffee Break
		11h00 12h00	Priority Session	11h00 12h30	Parallel Sessions & Industry Session	11h00 12h00	Priority Session
		12h00 13h30	Lunch	12h30 14h00	Lunch	12h00 13h00	Opening Ceremony
		13h30 15h00	Parallel Sessions & Industry Session	14h00 15h00	Priority Session		
15h00 18h00	Registration open	15h00 15h30	Tea	15h00 15h30	Tea		
18h00 19h30	Welcome Reception	15h30 17h30	Parallel Sessions	15h30 17h00	Parallel Sessions & Industry Session		
		20h00 24h00	Industry Night	20h00 24h00	Gala Dinner		

Parallel Sessions Themes

- Learning through Action
- Global Challenge - Global Response
- Infection Prevention
- Risk Management
- Patient Nursing Care
- OR Management
- Back To the Future
- Nursing Care Challenges
- Education - New Ways of Learning
- Talk the Talk (Communication)
- Team Work for Results
- Keeping the Patient Safe
- Leadership in the Spotlight
- Day To Day Management
- Caring For Children in the OR
- Job Satisfaction

Industry Sponsored Satellite Sessions/ Workshops

- Can OR nurses e.g the OR department save money for the hospital (or health care system) while maintaining or even improving the quality of care? **3M**
- Time saving during surgical procedures and simplifying logistics processes. **Molnlycke**
- Ansell introduces Gammex Powder-Free with AMT Antimicrobial Technology. **Ansell**

HOSPITAL VISITS

Visits to local public and private hospitals within the Lisbon area will be available to a limited number of delegates on Thursday and Friday afternoons. The actual visit will be for 1.5 hours plus travel time.

For organizational purposes please make your choice when registering for the congress. Please only book a place if you are planning to participate as the number of participants for each visit is limited.

Coach transportation will be provided. All hospital visits will departure and return to the Lisboa Congress Centre. Information regarding transport times will be available at the Congress Centre.

Please contact the Transport & Accommodation & Social Programme desk for any last minute places for the visits.

Operating Room Nursing in Portugal:

The four roles of anaesthetic, scrub, circulation and recovery duties are covered entirely by nurses in Portugal - no technicians or assistants are employed in the OR. Generally 3 nurses are allocated to each OR theatre for each case and 1 nurse/3 patients in post anaesthetic care. 3 shifts cover 24 hours, but mostly from 8am to 8pm for elective surgery. The night shift provide staffing for emergency situations. Only transplant and cardiothoracic teams work an on-call rotation.

The following hospitals have agreed to accept visitors:

HOSPITAL DE SÃO JOSÉ

Hospital de S. José is one of the four hospitals that belong to the Centro Hospitalar Lisboa Central (CHLC). The operating suite comprises a Central Operating Department with 6 OR theatres covering jointly all specialities except cardiothoracic which is done in Hospital de Santa Marta, one of the group. Some of the theatres function as individual speciality units such as orthopaedics, neurosurgery and ophthalmology.

HOSPITAL DE D. ESTEFÂNIA

It is a paediatric hospital, the same group as Hospital de S. José, with 170 beds. The main block has 4 OR theatres offering specialist surgery in ophthalmology, neurosurgery, orthopaedics, urology, plastic surgery, ENT, burns and general paediatrics. The recovery room is within the unit and a variety of anaesthetic techniques are utilized to ensure maximum pain control.

HOSPITAL DA LUZ

This is a private hospital that is part of the Espírito Santos Health Group. The modern design uses special lighting effects providing a pleasing and relaxing ambiance. It has 285 beds. The operating suite houses 8 OR theatres, each with their own anaesthetic area, clean and dirty corridors for circulation of materials. It covers all local and national techniques and specialities.

HOSPITAL CUF DESCOBERTAS

This 141 bedded private unit is part of the José de Mello Saúde Group. It is a major orthopaedic and trauma centre.

It has 5 OR theatres covering all specialities except cardiac and transplants and a further two units for ambulatory surgery.

HOSPITAL EGAS MONIZ

Dates from 1902 and was originally a tropical medicine specialist centre for public and military personnel. Today it offers services for all specialities plus a wide range of diagnostic and therapeutic treatments. It has 434 beds and 13 OR theatres covering general, plastic, neurology, neurotrauma specialism, ophthalmology, ENT, orthopaedics and urology.

HOSPITAL S. FRANCISCO XAVIER

This is a University hospital for nursing, medicine and technical learning, dating from 1987. It has 337 beds and 5 OR theatres. The surgical specialities include general, plastic, neurology, trauma, ophthalmology, ENT, orthopaedic and urology.



Hospital Cuf das Descobertas



Hospital da Luz, Lisboa

GENERAL CONFERENCE INFORMATION

Registration Desk

The congress registration desk is located in the main foyer on the ground floor of the Lisboa Congress Centre. In this area you will also find the Transport&Accommodation &Social Programme desk with information and assistance concerning accommodation, social programme, tours and transport.

Registration Desk Opening hours

Thursday, 26 April	15h00 – 19h00
Friday, 27 April	08h00 – 18h00
Saturday, 28 April	08h00 – 18h00
Sunday, 29 April	08h00 – 14h00

Poster Exhibition

The poster exhibition will take place in Hall 5 located on the first floor by the parallel session meeting rooms (5A, B, C).

Poster presenters are required to bring their posters to the Hall where congress staff will be available to assist with fixing of posters during Thursday, 26 April (15h00-18h00) and Friday, 27 April (from 08h00). All posters should be maintained in the exhibition until Sunday, 29 April. Posters that are not removed by the presenter until 14h00 on Sunday, 29 April will automatically be considered as waste.

Poster dimensions: 0,9 m wide x 1,2 m high

EORNA Congress Exhibition

The 6th EORNA Congress exhibition hall is a lively place dedicated to exhibits by the partners from the industry as well as the main catering area. The exhibition will take place in the impressive Hall 2 at the Congress Centre. The Hall has entrances from the ground floor as well as from the upper galleries on the first floor, thus guaranteeing easy access for participants and exhibitors and excellent connections with the auditoria and meeting rooms.

The exhibition will open on Thursday, 26 April in time for the Welcome Reception.

Exhibition Opening hours

Thursday, 26 April	18h00 – 19h30
Friday, 27 April	10h00 – 18h00
Saturday, 28 April	10h00 – 18h00
Sunday, 29 April	10h00 – 12h00

For information and booking of exhibition space and sponsorship packages please contact Leading at eornac2012exhibition@leading.pt

The congress organization reserves the right to make changes and amendments to the above information if regarded as necessary.

REGISTRATION

Participants wishing to register for the 6th EORNA Congress are invited to use the online registration form available on the official Congress website: www.eornacongress.eu.

The registration fees are as follows:

Registration Category	EARLY * until 31 January 2012	LATE until 20 April 2012	ONSITE
Participant	400€	530€	620€
Accompanying Person	190€	190€	190€
Exhibitor**	210€	210€	210€
Single Day Ticket	220€	265€	310€
Congress Gala Dinner	90€	90€	90€

* Early registration at a reduced fee will only be granted if payment is credited to the Conference Account at the latest by 31 January 2012.

** This fee apply to any additional exhibition badges not included in the sponsor or exhibition package booked. For specific information about the number of exhibitor registrations included for each package, please see the exhibition/sponsorship manual or your booking form/contract.

Registration Fees include:

Participant

Admission to all oral and poster sessions and exhibition
One copy of the Congress book
Coffee Breaks and Lunches during the Congress
Welcome Reception, Thursday, 26 April

Single Day Ticket

Admission to all oral and poster sessions and exhibition
One copy of the Congress book
Coffee breaks and Lunches on the day of the validity of the ticket

Exhibitor*

Admission to the exhibition area
Welcome Reception, Thursday 26 April
Coffee breaks and lunches during the Congress

Accompanying Person

Opening and Closing Ceremonies
Welcome Reception, Thursday 26 April
Half Day Tour Estoril & Cascais, Saturday, 28 April

Cancellation Policy for Congress Registrations:

- Cancellation requests received by **31 January 2012** – 100% of the registration fee will be refunded, less an administration fee of 15 €uros.
- Cancellation requests received after **31 January 2012** - no refund of the fee will be granted.
- "No shows" will not obtain any refund and will be handled like a cancellation made after **31 January 2012**.

All cancellations must be made in writing via e-mail to Leading at eornac2012@leading.pt

HOTEL ACCOMMODATION

Participants are welcome to book accommodation via the online registration form. Please see detailed information on each hotel on the website (Accommodation). The online room rates for the official congress hotels are informed on the registration form as they will be updated according to the general booking situation of each hotel and follow the rates of the general hotel booking systems.

Participants are encouraged to make their room reservation in good time (2-3 months) before the congress dates in order to guarantee best available rate at the preferred choice of hotel.

Group reservations

Should you need to make a group reservation (minimum 10 rooms) please just let us know and we will make a reservation according to your choice (based on availability at the date of your request).

The following hotel accommodation will be available for booking on line for delegates participating in the Congress:

Hotels	Single room rates		Double room rates	
	From	To	From	To
Hotels Category A	150€	250€	170€	270€
Hotels Category B	100€	135€	110€	155€
Hotels Category C	45€	100€	50€	100€

Hotels Category A

Hotel Altis Belém
Hotel Vila Galé Ópera
Hotel Jerónimos 8
Hotel Sheraton
Hotel Tivoli Lisboa
Hotel Pestana Palace
Hotel Altis
Hotel Vip Grand Lisboa
Hotel Fontana Park

Hotels Category B

Hotel Corinthia Lisboa
Hotel Sana Lisboa
Hotel Dom Pedro
Hotel Real Palácio
Hotel Marquês de Pombal
Hotel Sana Malhoa
Hotel Vip Villa Rica
Hotel Açores Lisboa
Hotel Vip Barcelona
Hotel Real Parque

Hotels Category C

Hotel Sana Executive
Hotel Sana Reno
Hotel Vip Zurique
Hotel Vip Berna
Hotel Olisippo Marques de Sá
Hotel Turim Av. da Liberdade
Hotel Turim Europa
Hotel AS Lisboa
Hotel America Diamonds
Hotel Luxe By Turim

General reservation policies

Hotel rooms will only be considered as reserved upon receipt of total payment by credit card or bank transfer (all bank charges incurred in the transfer).

Cancellation Policies

- Room cancellation received before and on **15 February 2012** will be refunded in total, deducting the cancellation fee of € 15,00 per room confirmed.
- Room cancellation received between **16 February - 15 March 2012** will be refunded with 50 % of the total reservation cost.
- Room cancellation received after **15 March 2012** - no refund of payment for room reservation will be granted after this date.

If a participant departs before the check out date marked in the hotel reservation, the hotel is entitled to charge the guest for the whole period reserved.

Please note that hotels will charge the total amount of the hotel reservation in case of late cancellation (after 15 March 2012) or "No-Show".

All alterations, cancellations or other information with regard to a previously confirmed hotel reservation must be made in writing to Leading at: eornac2012@leading.pt

All costs arising due to alterations of existing bookings, cancellations and/or "no-shows" will be charged to the participant.

Please note that all bank charges involved in bank transfer actions is to be covered by the delegate.



Hotel Altis Belém, Belém



Hotel Sheraton, Lisboa

SOCIAL PROGRAMME

Welcome Reception

Lisboa Congress Centre

Thursday, 26 April, 18h00-19h30

Take this opportunity to renew old acquaintances and meet new friends and to visit the exhibition that will be officially opened for the Welcome Reception. Participants, Accompanying Persons and Exhibitors are welcome to the Congress Centre and the 6th EORNACongress Welcome Reception taking place on Thursday, 26 April from 18h00 to 19h30.

Congress Dinner

Convento do Beato

Saturday, 28 April, 20h00-24h00

Join your colleagues and friends for a memorable EORNACongress Gala Dinner in the very special atmosphere of the 16th century Beato Convent. Good food, wines, entertainment and dancing are on the menu ... as well as some surprises. The Gala Dinner ticket includes return transport by coach from the official congress hotels.

Cost: 90€ per person

Please note that the Congress Gala Dinner is not included in the registration fee.

We recommend to purchase the ticket in advance as space at the Gala Dinner venue is limited.

Any remaining tickets will be available for purchase at the congress venue (Transport & Accommodation & Social Programme desk).

FOTO
CONVENTO DO BEATO

Optional Tours for Participants and Accompanying Persons

Lisboa and its closest surroundings offer a large variety of interesting historical and cultural sites as well as spectacular scenic views over the river Tagus and the Atlantic Ocean.

Tour	Day	Schedule	Price per person
Lisboa introduction tour	Thursday, 26 April	15h00 - 17h30	25€
Lisboa vineyards on the south side of the river	Sunday, 29 April	14h00 - 17h30	45€
Sintra - UNESCO World Heritage Site Village	Sunday, 29 April	14h00 - 17h30	45€
Fátima and Santarém	Sunday, 29 April	14h00 - 18h30	80€
Medieval Óbidos and Caldas da Rainha	Sunday, 29 April	14h00 - 18h30	70€

The Congress organization reserves the right to cancel an excursion should the number of registrations not reach the minimum number required. Should this be the case the participants who have booked a tour will be reimbursed of the full amount.



Lisboa introduction tour

Thursday, 26 April, 15h00 – 17h30

We welcome Participants and Accompanying Persons to take the opportunity to enjoy a panoramic orientation tour of the centre of Lisboa and get to know a little bit about the city. The tour will depart from pick up points in the city centre and end at the Lisboa Congress Centre in time to register and participate in the Welcome Reception.

Lisboa vineyards on the south side of the river

Sunday, 29 April, 14h00 – 17h30

If you are staying in Lisboa on Sunday don't miss this opportunity to spend an afternoon in the nearby wine district! We will depart just after the Closing Ceremony for a trip across the 25th April bridge (the one we see from the Congress Centre) to the Palmela peninsula and the closest vineyards to Lisboa. This tour will leave from the Congress Centre and end at some strategic drop off points in the centre of Lisboa (close to the official hotels).

Sintra – UNESCO World Heritage Site Village

Sunday, 29 April 14h00 - 17:30

If you choose to get acquainted with Lisboa on Thursday before the congress start you will have an opportunity to go to Sintra on Sunday after the Closing Ceremony. This tour will leave from the Congress Centre and end at some strategic drop off points in the centre of Lisboa (close to the official hotels).

Fátima and Santarém

Sunday, 29 April, 14:00 – 18h30

An opportunity to pay a visit to the important religious site – Fátima and the Sanctuary, where pilgrims from all over the world meet and where the story about the three young shepherds that witnessed apparitions in the field is told. The tour will depart from the Congress Centre after the Closing Ceremony and return to centrally located drop off points in the city centre close to the official hotels.

Medieval Óbidos and Caldas da Rainha

Sunday, 29 April, 14h00 – 18h30

If you are staying in Lisboa don't miss the opportunity to visit the enchanting town of Óbidos filled with whitewashed houses and surrounded by a 14th century city wall. Once a coastal town, the lagoon has silted-up over the centuries and Óbidos now rests six kilometres from the sea. It is only about 45 minutes drive through a landscape that is called the fruit orchard of Lisboa. This tour will also leave from the Congress Centre after the Closing Ceremony and end at some strategic drop off points in the centre of Lisboa (close to the official hotels).



Sintra



Sanctuary, Fátima

Additional optional tours for Accompanying Persons during the Congress

All optional tours listed below will depart from and return to the Congress Centre.

Tour	Day	Schedule	Price per person
Half day Lisbon city tour	Friday, 27 April	09h30 - 13h00	35€
Half day tour to Estoril & Cascais	Saturday, 28 April	09h30 - 13h00	45€*

**This tour is included in the Accompanying Person registration cost.*

Half day Lisbon city tour

Friday, 27 April 09h30 - 13h00

This Lisbon tour will offer a more complete visit to the monumental part of the city - the riverside Belém quarter. This is where the famous monuments related to the Portuguese Discoveries are located, such as the Lisbon landmark, the Belem Tower, the modern Monument to the Discoveries and the magnificent 16th century Jeronimos Monastery.

We will enjoy a taste of the famous "Pastéis de Belém" – a special pastry filled with vanilla cream and visit the Coach Museum that is housed in the former riding school of the royal palace.

Half day tour to Estoril & Cascais

Saturday, 28 April, 09h30 – 13h00

The golden coast of Lisboa calls for a visit and a walk along the beach promenade (maybe even the first swim for the year...!) The coast of Estoril and Cascais has attracted kings and queens since sea baths became fashionable in the end of the 19th century. Both Estoril and Cascais are still attractive holiday destinations receiving visitors all year around. We will follow the scenic road along the coast line to see the "point" where the Tejo River meets with the Atlantic Ocean.

PLEASE NOTE: This tour is included in the Accompanying Person registration cost.

Post Tours

Springtime in Portugal! Take the opportunity and enjoy a couple of days in the sunny south of Europe (remember that 1 May is a holiday in most European countries). Please contact the congress secretariat at eornac2012@leading for more information on costs and travel details for the Post Tour programmes presented below.

USEFUL TRAVELLERS INFORMATION

STAR ALLIANCE
THE WAY THE EARTH CONNECTS



SAVE UP TO 20% ON TRAVEL WITH THE STAR ALLIANCE™ NETWORK

The Star Alliance member airlines are pleased to be appointed as the Official Airline Network for the 6th EORNACongress.

To obtain the Star Alliance Conventions Plus discounts and for booking office information please visit www.staralliance.com/conventionsplus and:

1. Choose "For delegates"
2. Under "Delegates login" enter conventions code TP03S12
3. Choose one of the participating airlines listed
4. Call the respective reservation contact listed and quote the conventions code TP03S12 when booking the ticket.

Registered participants plus one accompanying person travelling to the event can qualify for a discount of up to 20%, depending on fare and class of travel booked.

The participating airlines for this event are:

Adria Airways, Aegean Airlines, Air Canada, Air China, ANA, Asian Airlines, Austrian Airlines, Blue1, bmi, Brussels Airlines, Continental Airlines, Croatia Airlines, EgyptAir, LOT Polish Airlines, Lufthansa Scandinavian Airlines, Singapore Airlines, South African Airways, Spanair, SWISS International Air Lines, TAM Airlines, TAP Portugal, THAI, Turkish Airlines, United, US Airways.

Discounts are offered on most published business and economy class fares, excluding website/internet fares, senior and youth fares, group fares and Round the World fares.

Please note: For travel from Japan and New Zealand special fares or discounts are offered by the participating airlines on their own network.

When making your travel plans please present confirmation of your registration or proof of attendance.

ACCESSIBILITY

Lisboa International Airport (Portela) is located 7 km and approximately 15-20 minutes drive from the city centre. Lisboa airport is served by all major international airlines with daily arrivals and departures to destinations all over the world.

By Air

Lisboa lies within a couple of hours flight from most major European cities and is the closest European capital for travellers coming from the US.

The Lisboa Airport (Portela) is served by daily direct flights operated by the traditional air lines as well as by many of the low cost companies operating in Europe.

The Airport is located close to the city centre (7 km), about 15-20 minutes transfer to most of the centrally located hotels as well as to the Lisboa Congress Centre.

The official website of Portugal's airports is www.ana.pt. **By Train**

Scores of national and international trains arrive at Santa Apolónia Station in Lisboa daily. The national Railroad Company (CP) provides connections covering practically the whole country as well as destinations in neighbouring Spain.

By Road

Good access via various motorways and two bridges over the Tejo River – 25 de Abril and Vasco da Gama, make it easy to reach the city from anywhere in the country.

Public Transportation

The joint fleet of the two public transportation companies Carris (buses and trams) and Metro (underground) covers the entire city with regular bus and tram routes as well as underground lines. **Taxis**

The city is served by 3500 taxis, and a taxi ride from the airport to the city center should cost between 8€ and 10€. The usual urban taxi fares are:

Day: 2€ + 0.40€/km

Telephone booking: 0.80€

Night, weekend and holidays: 2.50€ + 0.48€/km

For more information on the Taxi Voucher offer, please see the website of the Lisboa Tourism Board: www.atl-turismolisboa.pt/taxi_voucher

Taxis are widely used by the locals, and in comparison to the taxi fares in other countries, the Lisboa taxi's is still to be considered a rather inexpensive transportation.

Currency

Portugal is a member of the European Monetary System, and the previous currency Escudo was replaced by the Euro on 1 January 2002.

Electric Current

Portuguese standard is the European type 2 pin sockets with 220 volts AC at 50 cycles. The phase 380 volt current is normally available in meeting rooms and exhibition halls.

Exchange

Major credit cards are accepted in most hotels, shops and restaurants. Travellers' cheques and currency can be changed at exchange bureaux or at hotel receptions. Automatic changing and cash dispensing machines linked to international networks are also widely available.



Health Requirements

With the exception of vaccination certificates for persons coming from areas where yellow fever is endemic, at the present there are no special health requirements.

Hotel Check in/out Policy

Normal check in time at hotels is 15h00. The established check out time is 12h00.

Should you need guaranteed occupancy before 13h00 on the day of your arrival, the previous night should be reserved.

Medical Care

Clinics and hospitals provide 24 hours emergency service. The national emergency phone number is 112. Hotels have a doctor on call through the reception. Reciprocal E.C. cover is available at out-patient departments, otherwise private consultation fees are charged.

Passport and Visas

A valid passport (or identity card for European Community citizens) is required. Visas are not necessary for citizens of EU countries, the U.S.A., Canada and most of the other countries.

Please contact your local Portuguese Embassy, Consulate or your Travel Agency for further information.

Sales Tax

Sales tax (VAT) is included in prices quoted. For non E.U. residents, tax free shopping schemes are available in many shops, which give substantial savings to visitors.

Shopping

Fine leather goods, lead crystal ware, porcelain, vintage wines, golden and silver filigree, pottery and textiles are considered excellent buys in Portugal.

The pedestrian streets of the city centre, "a Baixa", bordered by the magnificent Praça do Comércio, facing the River Tejo, and the "Chiado" area leading to Bairro Alto, are popular shopping areas.

Shops are open from 09h00 to 13h00 and 15h00 to 19h00 Monday to Friday, and 09h00 to 13h00 on Saturdays. Major shopping malls stay open from 10h00 to 23h00, including weekends. The main shopping centres are Colombo, Amoreiras, Vasco da Gama and the Atrium Saldanha, all within easy access by underground network (metro).

Smoking

The Portuguese law, in accordance with Regulations in force in the majority of European Countries and the USA, does not allow smoking in any public transportation or in any closed public areas.

Tipping

Tipping is optional, but adding 10% to the amount is regular practise in taxis, restaurants and bars.



ANUNCIO

LISBOA CITY MAP

